ST JOHN THE BAPTIST RCP SCHOOL

Headteacher's Note

Weekly Newsletter
Friday 8th October 2021

Dear Parents/Carers



YEAR 5

Congratulations to our Year 5 children for their beautiful assembly this afternoon. They shared with the whole school their exciting work in history on the Vikings and their newly gained knowledge of the solar system. They read, danced and sang beautifully. Well done Year 5 what a super way to end a busy week.

This is available to view on the video section of our school website.

CHILDREN'S UNIVERSITY

As we are stepping out of the restrictions of the pandemic, it is lovely to see our children engaging in additional learning activities beyond the school day and children being able to pursue and nurture their interest and talents in a range of activities.

The children's university is a way of recognising and rewarding the children for their efforts in developing a love of learning.

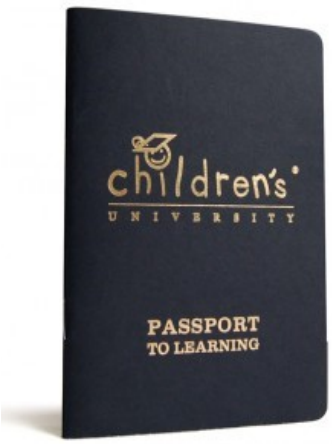


We are subsidising the price of Children's University Passports which are now on sale for £2 per passport. These can be purchased from the school office. Please send £2.00 into school with your child's name on and label as 'passport'.

We have just received a special post box for the passports. Children can post their passports into the box situated outside the staffroom for stamping to receive their learning credits.

Wishing you all a lovely weekend.

God Bless
Mrs McKeating



UPDATE TO OUR MENU

We have good news! We have managed to swap one of our grab bag options for a hot meal for the following two weeks. Meals can be ordered via Parent Pay. Please see below for our menu options…

w/c 11th Oct	Option 1	Option 2	Option 3	Option 4	Dessert
Monday	Pasta bake with garlic dough balls and salad	Ham grab bag	Cheese grab bag	Jacket potato with choice of filling	Chosen at lunchtime from a selection
Tuesday	Chicken Tikka curry with rice	Egg mayo grab bag	Cheese grab bag	Jacket potato with choice of filling	Chosen at lunchtime from a selection
Wednesday	Roast dinner	Tuna mayo grab bag	Cheese grab bag	Jacket potato with choice of filling	Chosen at lunchtime from a selection
Thursday	Spaghetti bolognaise with garlic bread	Ham grab bag	Cheese grab bag	Jacket potato with choice of filling	Chosen at lunchtime from a selection
Friday	Pizza and chips	Cheese grab bag	Jacket potato with choice of filling		Chosen at lunchtime from a selection

w/c 18th Oct	Option 1	Option 2	Option 3	Option 4	Dessert
Monday	Chicken Korma curry with rice	Ham grab bag	Cheese grab bag	Jacket potato with choice of filling	Chosen at lunchtime from a selection
Tuesday	Cottage pie with vegetables and gravy	Egg mayo grab bag	Cheese grab bag	Jacket potato with choice of filling	Chosen at lunchtime from a selection
Wednesday	Pasta bake with garlic dough balls	Tuna mayo grab bag	Cheese grab bag	Jacket potato with choice of filling	Chosen at lunchtime from a selection
Thursday	Beef burger with chips and beans	Ham grab bag	Cheese grab bag	Jacket potato with choice of filling	Chosen at lunchtime from a selection
FRIDAY—INSET DAY					

Congratulations!

VIPS THIS WEEK

Year R	Jake Benson
Year 1	Mason Brittain
Year 2	Miley Stowe
Year 3	Lilly-Mai Brittain
Year 4	Charlie Robinson
Year 5	Amelia Cumming
Year 6	George Gardner



Writer of the Week



Year R	Karlis Huck
Year 1	Daisy Duckworth
Year 2	Felicity Baker
Year 3	Louisa Little
Year 4	Darcy Walmsley
Year 5	Rowen Bradford
Year 6	Noah Walmsley

Achievements!



A huge well done to Elsie McEvoy for achieving an award in ballet dancing.



CLASS DOJO WINNERS

Year 1	Mason Brittain, Emma Lynch, Iris Beck, Arianna Duffy, Sophia Davenport
Year 2	Felicity Baker, Martha Inckle, Jake Woodcock, Alastair Daton, Miley Stowe
Year 3	Ruby McWilliam, Ellie Mackey, Brooklyn Thompson, Kai Southern, Skyla Wilkinson
Year 4	Darcy Walmsley, Helaina Beresford, Joshua Franklyn, Delilah Dalton, Tom Sturdy
Year 5	Sophie Metcalfe, Holly Mackey, Rowan Bradford, Max Mannion, Harry Atkinson, Mason Pomfret
Year 6	Leo Earnshaw, Keevah Wallace, Libby Mount, Jessica Kelly, Freya Spence, George Gardner

IPC Newsletter

A learning and training resource



Hand, foot, and mouth disease

Hand, foot, and mouth disease is a common childhood viral illness. It causes blisters on the hands and feet, and ulcers in the mouth. It can be unpleasant; however, it is generally mild, and most people recover within a week or two. Although most common in children under 10, especially those under four, people of any age can get it, including adults. In the UK, it's most common in the late summer and early autumn.

Please Note: - Hand, foot, and mouth disease has no relation to foot and mouth disease, which only affects cattle, sheep, and pigs.

The virus can start to spread before you have any symptoms, but you're most likely to spread it to others in the first 5 days after symptoms start. You can be infectious for a few days before the rash appears, which makes the spread of the infection hard to control. Symptoms usually start 3 – 5 days after contact with someone with the virus. These symptoms usually last for between 7 to 10 days.

There is no specific treatment however there are measures to ease symptoms and discomfort.

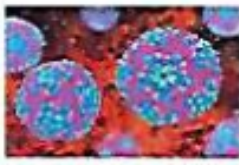
Symptoms (the first signs can be)

- A sore throat
- A high temperature
- Not wanting to eat
- After a few days mouth ulcers and a rash will appear

How to manage symptoms

- Drink fluids to prevent dehydration – but avoid anything acidic as this may irritate the mouth ulcers.
- Eat soft foods like yoghurt – avoid hot and spicy foods.
- Take Paracetamol or Ibuprofen as prescribed to help ease a sore mouth or throat

Your local pharmacy team will be able to offer advice on over the counter treatments available.
Seek advice from your local GP if:



- Your symptoms or your child's symptoms do not improve after 7 to 10 days
- You or your child has a very high temperature over 38°C, or feels hot and shivery
- Your child is dehydrated – they're not passing urine as often as usual
- You're pregnant and get hand, foot and mouth disease
- If your pregnant and near your delivery date you should avoid contact with children with hand foot and mouth if possible.

Effective hand washing, respiratory hygiene and cleaning are essential in reducing the spread!

To reduce the risk of spreading hand, foot and mouth disease:

- Wash your hands often with soap and water – and children's hands too
- Use tissues to trap germs when you cough or sneeze, throw away used tissues as quickly as possible
- Do not share towels or household items like cups or cutlery
- Wash soiled bedding and clothing on a hot wash

Staying off school or nursery

The advice to schools, nurseries and parents is that children may attend school or nursery when they feel well enough as keeping children off school/nursery for longer than this is unlikely to stop the virus spreading. There's no need to wait until all the blisters have healed. Please contact your school or nursery if your child is showing symptoms of hand, foot & mouth and follow the schools' individual policies and procedures.

Resources available

Hand, foot and mouth disease - NHS (www.nhs.uk)
Please tweet us at: LancsIPC https://twitter.com/lancsips
Email us at:- infectionprevention@lancashire.gov.uk

Blackburn with Darwen

Lancashire County Council

Calling all parents of three and ten year olds
Apply now for your child's school place for September 2022

For Secondary and Primary places, please ensure you complete all three choices as you cannot be guaranteed your first choice and would then be allocated any available school, not the nearest!

www.lancashire.gov.uk/children-education-families/schools/apply-for-a-school-place/apply-online-for-a-school-place/

Apply for a school place

Apply online

The deadline to apply for a school place for September 2022 is:

- 15 January 2022 for primary schools
- 31 October 2021 for secondary schools

Please note that you will required to complete a supplementary faith form for faith schools

NHS
East Lancashire Hospitals
NHS Trust

Vision Screening in Lancashire

Vision screening is an integral part of the universal delivery of the national Healthy Child Programme. Every child in the Reception class will receive an invitation to have their vision tested in school. A detailed letter will be sent home with your child closer to the screening date.

Safe | Personal | Effective

PTFA EVENT coming up — 21st October



More information to follow soon!