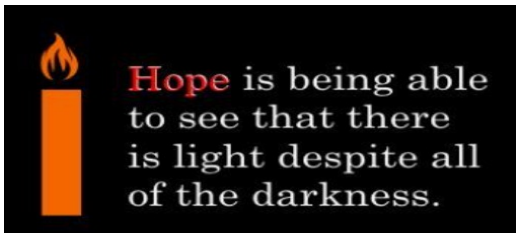
ST JOHN THE BAPTIST RCP SCHOOL

Weekly Newsletter
Friday 22nd January 2021



Dear Parents/Carers,
This term is beginning to fly and we are increasingly changing our approaches, policies and procedures in response to the challenging circumstances that we are faced with.

This week the staff have been focussing on developing ICT provision and working to resolve issues. We are however still experiencing problems with our Wi-Fi in school, which is hindering us. We have also spent a significant amount of time reviewing our remote learning provision to enhance the learning for all, especially for the children at home. Further guidance regarding home learning will follow early next week. We are also wading through safeguarding and union guidance and policies regarding live lessons. We are mindful of working parents who are juggling schedules and our current remote provision is flexible to be completed at a time of suitable choice for families.

The teachers continue to follow schemes of work for their year groups, covering all curriculum subjects. We are following the guidance of setting 3 hours daily work for KS1 and 4 hours for KS2. All home learning work is monitored closely by teachers and families who are not submitting work to their teachers are being contacted. We are able to support families with data and devices to ensure that the children can access their learning. Please contact school if you would benefit from this asap.

I appreciate how extremely challenging it is to support pupils with their learning at home and trying to balance the support that the children need alongside challenges of work and family life. As a school we are trying to ensure there is a balance between activities that can be completed independently and with adult support. A balance between needing technology and using other resources provided i.e. workbooks etc. We are also trying to balance the access to instructions being verbal , written or self explanatory.

As always the teachers are working incredibly hard and creatively to delivery a high quality curriculum to both the children in school and at home. Presently the majority of classes have more than a third of pupils attending each day with some classes having 50% of pupils in school. No remote provision could ever be as effective as having the children in school for face to face teaching however we will continue to do our best to provide high quality learning in the current situation for both our children at home and those in school.

Mrs McKeating



Thank you

This week school has received some very generous donations and offers of help. As a result of these acts of kindness, we have been able to provide practical help to some families who are really struggling at the moment. We have also received donated IT equipment which we are currently updating with our school software and will put to good use very soon.

Kindness and love don't make sensational headlines on the TV news, but please know that there is a lot of love and support being offered right here in our St John's community. If you know of any families who are struggling silently and need help with food or clothing or have other issues please do let us know.

Water Bottles

Please could ALL children attending school make sure they bring their Water Bottle each day. We will refill if needed in



HOME LEARNING INFORMATION

Online Learning Expectations

- Keyworker children who are attending school will complete all the learning set for that day in class.
- On the days that they do not attend school they still need to access the online learning for those days at home.
- We are not able to do catch up for home learning missed when the children return to days in school.
- Children who are doing a mix of days in school and home learning will need to transport their home learning packs to and from school so they always have them with them.

- **We expect all children to complete 5 days of school work each week whether at home or in school or if they do a mix of both.**
- **Please contact us if you have barriers preventing you from meeting this expectation.**
- **Help with IT and data may be available.**

Teacher Email Contacts

NurseryB_Home@st-john.lancs.sch.uk	Mrs Barker
NurseryC_Home@st-john.lancs.sch.uk	Mrs Clough
Recp_Home@st-john.lancs.sch.uk	Mrs Collins
Year1_Home@st-john.lancs.sch.uk	Miss Armstrong
Year2_Home@st-john.lancs.sch.uk	Miss Dewhurst
Year3_Home@st-john.lancs.sch.uk	Mrs Sethi
Year4_Home@st-john.lancs.sch.uk	Mr Steele
Year5_Home@st-john.lancs.sch.uk	Miss Hartley
Year6J_Home@st-john.lancs.sch.uk	Mrs Jones
Year6B_Home@st-john.lancs.sch.uk	Mrs Baird



Home reading during school closure.

We are delighted to be using a website called GETEPIC to ensure children are still able to read at home during the school closure. This website is an online reading platform and has hundreds of books for children to choose from. Teachers can also assign books to children and children will be notified of this when they log in to the website. Teachers can also monitor what books children have read. All the children need to log in is their class code, which has been given to children through the class blog or email. If you have not yet received this, please contact your child's teacher.

- Go to the website www.getepic.com
- Click on Class Code and enter the class code given by your teacher
- Find your initials and click on your profile
- Choose your books and read away!



epic!



AWARDS OF THE WEEK

HOME LEARNER OF THE WEEK

REC	Sienna Baker
YR 1	Zac Benson
YR 2	Ellie Mackey
YR 3	Charlie Robinson
YR 4	Harvey Boswell
YR 5	Darcie-Leigh Mansell
YR 6	Gracie Earrey



SCHOOL LEARNER OF THE WEEK

REC	Harvey Banks
YR 1	Roman Schillaci
YR 2	Olivia Blanchard
YR 3	Delilah Dalton
YR 4	Oscar Clarke
YR 5	Scarlet-Rose Murphy
YR 6	Niamh Spence

KEEPING HEALTHY AND ACTIVE IN LOCKDOWN

HEALTHY BODIES

Have you tried The Bingo – 21 Day Activity Challenge yet?

This is a fun and simple resource designed to give you ideas, activities and challenges to will keep children active. Aim to complete all 21 activity squares between 11th January and 5th February.

Please see the Class Pages section on the school website for more information.

21 Day Activity Bingo!

Complete all 21 Activities before February half term. Have fun and feel better!

For full details see the activity card!

1 Virtual Mile	2 Balloon Olympics	3 'Take a Walk on the Wild Side'	4 Fitness Circuit	5 Exercisebet	6 Daily Walk Challenge	7 Virtual Mile
8 Just Dance	9 'Take a Walk on the Wild Side'	10 Indoor Scavenger Hunt	11 Daily Walk Challenge	12 Exercisebet	13 Jumpathon	14 Wacky Races
15 'Take a Walk on the Wild Side'	16 5 Skill Challenge	17 Fitness Circuit	18 Just Dance	19 Balloon Olympics	20 Tri-Target Challenge	21 Daily Walk Challenge

Please see the Class Pages section on the school website for more information.

Cosmic Kids Yoga

Cosmic Kids Yoga is a YouTube channel dedicated to all things yoga—for kids! Making yoga and mindfulness fun for kids.

5 Fun MINDFULNESS ACTIVITIES for children

by Big Life Journal

1 "JUST ONE BREATH" BREATHING ACTIVITY

- Find a relaxing place, sit comfortably, and set a timer for one minute.
- Breath deeply in and out while paying attention to any sensations you notice or sounds you hear.
- Take another slow deep breath, imagine the air moving down into the lungs and back up.
- Take one more deep breath and hold for a moment, then release it.



2 CREATE A GLITTER JAR

- Finding a jar or plastic bottle and allow your child to decorate it however they like.
- Fill the bottle up 3/4 of the way with water. Next, add clear glue, food coloring, and glitter then shake.
- Seal the lid and you are ready to go.



3 HEARTBEAT EXERCISE

- Ask your child to stand up and either jump up and down or do jumping jacks for one minute.
- At the end of that minute, have them place their hand on their heart and pay attention to how their heartbeat and their breathing feels.



4 GOING ON A SAFARI

- Go outside on an exciting adventure, try picking up a small rock or touching a plant or flower.
- Notice the bugs or the birds. Take a moment to kneel down and touch the earth.
- Walk mindfully paying close attention to everything. Make sure you walk in silence because you want to notice all those little details.



5 TENSE AND RELEASE MUSCLE RELAXATION

- Starting at the feet, gently squeeze the muscles in the feet by tightening them, then slowly releasing.
- Next, squeeze the large muscles in the calves for 5 seconds, then gently release. Working your way up the body, squeeze the thigh muscles for 5 seconds then gently release.
- Continue moving up the body for more relaxation.



Big Life Journal - biglifejournal.com

HEALTHY MINDS

Children's University Virtual Clubs
Spring term Week 2

CHILDREN'S UNIVERSITY

Photography Club
'Treasure Hunt'



Photograph the following:
1. Something patterned
2. Something which is your favourite colour
3. Something round
4. Something that makes you smile
5. Something that is alive
6. Something no-one else has noticed

Lego Club

'Build a garden'
It can contain whatever you like – flowers, shed, pond, swings, paths, chairs…



LANCASHIRE children's UNIVERSITY

Keep Active Club
'Home made Bowling Alley!'

1. Find empty plastic bottles or clean cans or boxes
2. Stack these up or arrange them at the end of the room or outdoors
3. Using a few socks rolled into a ball see how many you can knock down
4. Repeat this 5 times and add your scores up to find your total. Now challenge someone to play against you
5. How can you make the game more tricky? Write down your ideas



Cookery Club
'Honey Flapjacks'

See separate sheet for ingredients and method





Government Counter Fraud Function

GOV.UK/coronavirus

NHS Counter Fraud Authority

BE ALERT TO VACCINE FRAUD

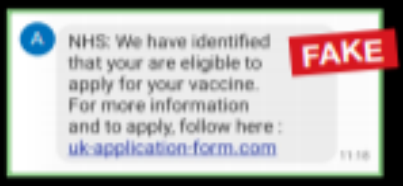
Criminals are using the COVID-19 vaccine as a way to target the public by tricking them to hand over cash or financial details. They are sending convincing-looking text messages letting people know they are eligible for the vaccine or phoning people directly pretending to be from the NHS, or local pharmacy.

PEOPLE ARE WARNED TO BE ALERT TO THESE SCAMS

The NHS will:

- ⊗ **NEVER ask for payment - the vaccine is free**
- ⊗ **NEVER ask for your bank details**
- ⊗ **NEVER arrive unannounced at your home to administer the vaccine**
- ⊗ **NEVER ask you to prove your identity by sending copies of personal documents such as your passport**





FURTHER GUIDANCE AND SUPPORT

National Cyber Security Centre

If you receive a call you believe to be fraudulent, hang up. If you are suspicious about an email you have received, forward it to **report@phishing.gov.uk.** Suspicious text messages should be forwarded to the number **7726** which is free of charge.

ActionFraud
National Fraud & Cyber Crime Reporting Centre
actionfraud.police.uk

If you believe you have been the victim of fraud or identity theft, you should report this directly to Action Fraud either online; **actionfraud.police.uk** or via phone **0300 123 2040.**

CrimeStoppers.

If you have any information relating to vaccine fraud you can stay 100% anonymous by contacting Crimestoppers COVID Fraud Hotline online; **covidfraudhotline.org** or phone **0800 587 5030.**

Please support us in the battle against Corona – Virus

- **Do not** attend the school premises if you have any Covid symptoms under any circumstance

- **Do not** mix with other families or share lifts to and from school with other families, even if you are in the same bubble.

- Get an **immediate test** following the onset of any symptoms. Please avoid the postal tests if you can as they take around a week to process and in that time direct contacts will be unknowingly spreading the virus further.

- School can only close a bubble once a positive case is confirmed with a test result notification.

- If you need to enter the foyer to the school reception please ensure that **only one family enters at a time.**

- Please **wear a mask** when entering the **school grounds to drop off and collect children and in the school foyer.**

- Only **one adult** should pick up or drop off their child to reduce adults on the premises.

- No child should visit their friends houses or play out together even if they are in the same bubble.