ST JOHN THE BAPTIST RCP SCHOOL

Headteacher's Note

Weekly Newsletter
Thursday 9th April 2020



Dear Parents,

We have finally made it to the end of term and it is ending in the strangest of ways, with no children here to dismiss.

As we break up for Easter we would routinely gather our school community together and tell the Easter story to the children and take a moment to be still, quiet and pray together. We are obviously missing the children so very much and couldn't bear the thought of not being able to share the Easter Story with the children. We therefore decided to make a 'Virtual' Easter Read Around for the children. So, our staff have recorded themselves reading out various parts of the Easter Story for you. This is available for viewing on the website under Children and class pages. As no one is able to go to any Church services at the moment it would be lovely if you and your family could join our school family in virtual prayer and bring the true meaning of Easter alive in your homes.
I wish you all a very happy and Holy Easter.



For the outbreak:

God of compassion,
be close to those who are ill, afraid or in isolation.

In their loneliness, be their consolation;
in their anxiety, be their hope;
in their darkness, be their light;
through Him who suffered alone on the cross,
but reigns with you in glory,
Jesus Christ our Lord.
Amen.

Nursery New Starters

Normally we would be well on with process of inducting our new Nursery children ready to start with us after Easter. Please be assured that we have not forgotten you and we are very much looking forward to welcoming you and your child into our school community. We will be in touch after Easter please be assured that all those parents who have applied for a place **this term** have a secured place. We will also be contacting parents who have applied for a place for September in the new term.

Reception New Starters September 2020

Please note that all Reception Parents will be notified via email on 16th April of their allocated Primary School by the local Authority. We will be in touch with parents who have been allocated St John's to ask them to formally accept their place. And organise their child's induction.





EASTER HOLIDAYS

School is now closed for the Easter Period and will reopen for emergency childcare of Key worker parents on Monday 27th April. Please note that no work will be set for the children on the school website during this period. Please contact Mrs McKeating if you require support during this period head@st-john.lancs.sch.uk

Top Blogger

Yr 1 Joshua Pennell
Yr 2 Kian Judge
Yr 3 Toby Harter
Yr 4 Noah Walmsley
Yr 5 Thomas Pilkington
Yr 6 Leo Duckworth



Home Learning Award

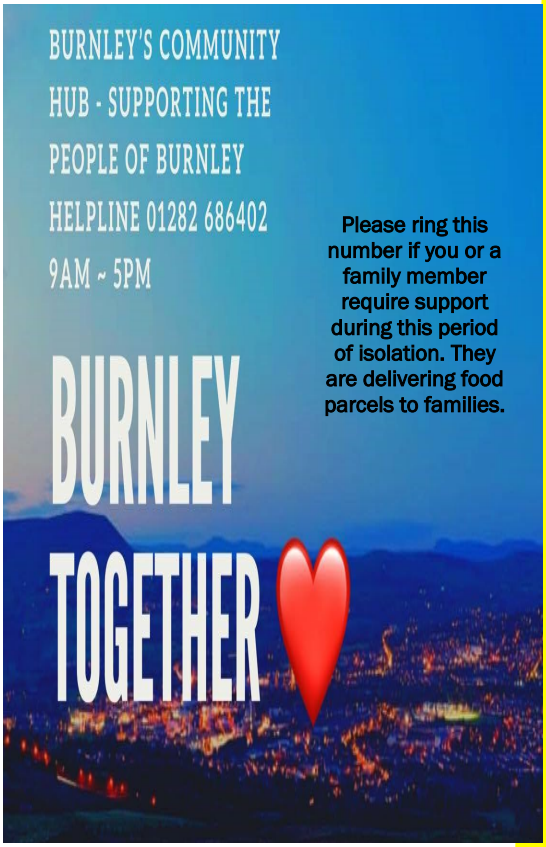
Yr N Emily Wigley
Yr R Miley Stowe
Yr 1 Vincent Wigley
Yr 2 Shay Greenwood
Yr 3 Oliver Hesmondhalgh
Yr 4 Finlay Clarke
Yr 5 Hayden Hesmondhalgh
Yr 6 Camryn Cumming

Free School Meals (Pupil Premium Funding)

Lancashire County Council have being try to cater for those children who are eligible for Free School Meals. In the first two weeks food bags were distributed to families. This was extremely challenging and required a lot of man power to coordinate. This week we moved to a voucher system. The Government have now decided that these vouchers should be available during the Easter Holidays and therefore we have ordered your vouchers and as soon as these are available they will be printed and posted to our eligible families.

Each child who is currently on free school meals will receive a **voucher for £15 each week** which can be spent in Tesco.

If you have never actually enrolled for Pupil Premium funding before as your child was already receiving a free universal school meal each day it would be worth checking to see if you are eligible. Simply call 01254 220710 to check. All you need is your national insurance number. Please refer to our school website for further information. You will find Pupil Premium in the key information section on our school website.



NHS
Lancashire & South Cumbria
NHS Foundation Trust

Children and young people's primary mental health care message in support of COVID-19

Keeping you and your child's physical and mental health well, over the next coming weeks is so important to help manage the COVID-19 virus. We hope that you are following the public health guidelines as they update regularly to best manage your health and take care of you and your family. Alongside the COVID-19 government guidelines and restrictions, we acknowledge that this may have an impact upon your child's emotional wellbeing and that access to support and everyday things that keep us well may be restricted. We therefore felt it important to signpost you to simple strategies, useful helplines & digital resources that maybe useful at this moment. Please read the below and we hope you keep you and your family well.



The 5 ways to wellbeing are key principles to keeping ourselves well; connect, be active, take notice, learn and give – the simple concepts are key to keeping us emotionally healthy in everyday life. Given the current circumstances and restrictions COVID19 places upon us, as parents/caregivers we are recommending that you consider & follow the 5 ways to wellbeing at home and for you to be creative with the resources you have to meet them in your family home.

Connect - It is important to stay connected to friends and family whilst the "physical" social distancing is recommended; to tackle this we can use social media, facetime, text, group chats, WhatsApp etc… every day all day!

Be active - Activity and exercise is key to feeling good so go for a walk, jog, cycle, dance, put the music on, make some exercises up around the home, play games, do some gardening, bake, cook, interact as a family together and have fun.

Take notice - Take notice of your feelings and thoughts and practice some mindfulness strategies at home to help you manage and relax – see resources below for help on this.

Learn - Stimulate the mind, create opportunities to learn new things, read a book, learn how to sew, stich, a new game, access on line learning resources, complete school work, revision, work books.

Give - Give yourself personal space and time to look after yourself – ensure you eat a healthy diet, exercise, stick to some routine and sleep well. **Give** your patience, time, smile and be kind.

Remember children learn and observe adults behaviours and emotions for cues on how to manage their own emotions during difficult times!



Useful Links

www.kooth.com Online counselling service age 11-16yrs, children can also access education and general advice on mental health

www.youngminds.org.uk Children & parents can access education, advice& support on mental health issues.

www.nhs.uk Children & parents can access education, advice& support on mental health issues.

www.healthyyoungmindslsc.co.uk Children & parents can access education, advice & support on mental health issues.

FREE USEFUL APPS

Useful Apps to download

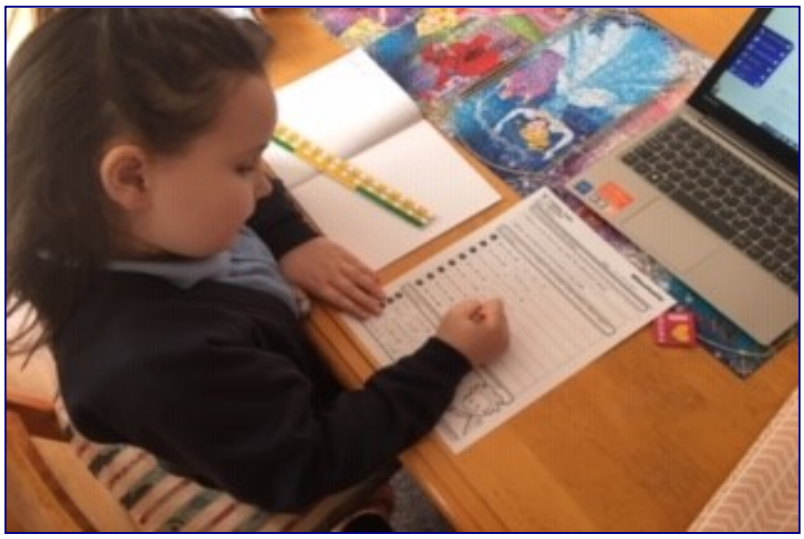
Headspace – meditation App

Calm – mediation and sleep App

7 cups - anxiety and stress chat App

Smiling mind –mediation App


Home
Learning















Riding into Jerusalem on Palm Sunday







The Last Supper by Mia Clarke